

Christine Paquette

Christine Paquette, President of Bridge Dynamics, specializes in working with individuals, groups and companies through her *Develop Your Ideal Presence*® Program. Within this integrated approach, she trains clients in identifying the specific elements of *Presence* that are key for their connections within their organization and industry. Christine is a dynamic, inspiring, heart-centered professional with over 25 years of experience as a successful business leader, entrepreneur, facilitator and coach. She has expertise in several sectors including public, private, commercial construction, environmental and not-for-profit. Christine is passionate about serving the highest story for individuals so that they have more freedom and clarity to choose the Way and How of moving forward in their professional and personal lives. Christine volunteers as a mentor with Futurpreneur Canada.



Breakout Title: Fostering Connections through Presence

Are you connecting with the right people and the right way? Are you being recognized for your great work and accomplishments? Are you being overlooked for promotions? Are you making great connections at events and successful with networking?

Foster Connections Through Presence.

Through an integrated and dynamic approach, learn how specific elements of inner and outer presence are key to building confidence and rapport. Join us to design your template to develop Your Ideal Presence.

In this session, you will:

- Define professional presence for your role / profession / industry
- Learn the importance of your actions in the workplace, at events, when networking
- Identify your inner qualities and strengths
- Create Your Roadmap to foster meaningful connection with others